

## **Jalen Bridges vs BYU - 1/9/2024 – Film**

Offensively, Jalen was aggressiveness, particularly in attacking the rim utilizing pump fakes and creating off the dribble, he consistently put pressure on the defense, leading to 9 free throw attempts and several finishes in the lane. Additionally, he shot the ball well off the catch from beyond the three-point line

Defensively, he contested jump shots, moved his feet well to stay in front of his man, and actively played the passing lanes. His efforts on the defensive glass were noteworthy, as he sought out a body first before going up for a rebound. He also used his length well disrupting the passing lanes and picking up a timely steal.

Overall, his aggressiveness in getting to the rim, combined with his shooting from three, were impressive. Defensively, his ability to contest shots, play the passing lanes, and secure rebounds demonstrates a high level of activity and awareness. I would like to see be more active on the offensive glass to secure and extend possessions for his team.